

	DAY	COUNTRY	WHERE STAY	AM	PM	ACCOMMODATION	TRAVEL	MEALS
19 Sep	1	Turkmenistan	Ashgabat	Arrival day	City guided walk, welcome dinner	Hotel		D
20 Sep	2		Darvaza Gas Crater	Visit Russian Bazaar	Drive to "Gates of Hell"	Yurt Camp	3.5 hour drive	B, D
21 Sep	3		Ashgabat > sleeper train	Drive 3.5 hours back to Ashgabat	Explore Ashgabat, get train at 19:50 to Turkmenabad	Sleeper Train	3.5 hour drive, sleeper train at 19:50	B
22 Sep	4	Uzbekistan	Bukhara	Cross border and travel to Bukhara	Explore Bukhara	Zargaron Plaza	Drive from border	B, L
23 Sep	5		Bukhara	Explore Bukhara		Zargaron Plaza		B
24 Sep	6		Samarkand	Train arrive midday	Explore Samarkand	Hotel Platan	2.5 hour train	B
25 Sep	7	Tajikistan	Seven Lakes, Padrud	Border crossing, Sarazm archaeological site	Explore Seven Lakes in the Fann Mountains	Guest House	3hr drive	B, D
26 Sep	8		Panjikent	Travel day through Fann Mountains, short hikes, traditional villages	Explore Panjikent	Panjikent Plaza	3hr drive	B, L
27 Sep	9		Khujand	Travel via Istaravshan, Lenin statue	Explore Khujand	Sugdylon Hotel	4hr drive	B, L
28 Sep	10	Uzbekistan	Tashkent	Explore Khujand	Drive to Tashkent	Hotel	3hr drive	B
29 Sep	11	Kyrgyzstan	Bishkek	Fly to Bishkek	Explore Bishkek	Smart Hotel	1hr 10 flight	B
30 Sep	12		Kyzyl-Oi	Drive through Susamyr Valley, 5 hours	Explore Kyzyl-Oi, Chaek village	Guest House	5hr drive	B, L, D
1 Oct	13		Song Kul Lake	Song Kul - alpine lake	Horse ride at lake	Yurt camp	3.5hr drive	B, L, D
2 Oct	14		Kochkor	Chill at lake	Drive to Kochkor then explore	Guest House	2hr drive	B, L
3 Oct	15		Bokonbaevo	Drive along Lake Issyk Kul	Try to see salburun - hunting with falconry & archery	Guest House	2.5hr drive	B, L
4 Oct	16		Karakol	Drive along Lake Issyk Kul	Explore Karakol, gastronomic experience in village of Yrdky	Caravan Hotel	2.5hr drive	B, L
5 Oct	17		Karakol Valleys	Two full days in Karakol Valleys - including hiking and horse riding		Guest House		B, L, D
6 Oct	18		Karakol Valleys			Guest House		B, L, D
7 Oct	19	Kazakhstan	Zharkent	Border crossing	Charyn Canyon, arrive Zharkent late PM	Hotel	5hr drive	B, L
8 Oct	20		Altyn Emel	Explore Altyn Emel National Park		Hotel	2-3hr drive	B, L, D
9 Oct	21		Almaty	Head to Almaty	Explore Almaty	Voyage Hotel	4hr drive	B, L
10 Oct	22	(Depature day)				-		B