

DAY	WHERE	PLAN	ACCOMMODATION	TRAVEL
1	Beijing	Arrive	Sanlitun Youth Hostel	Fly London > Beijing
2		G Adventures Tour Starts	(included)	
3		Great Wall of China	(included)	
4	(train)	Forbidden City	(included)	
5	(train)	Train to Tibet	(included)	
6	Lhasa		(included)	
7			(included)	
8			(included)	
9			(included)	
10	Gyantse		(included)	
11	Shigatse		(included)	
12	Sakya		(included)	
13	Rombuk		(included)	
14	Zhangmu		(included)	
15	Kathmandu		(included)	
16		Monkey Temple	Alobar1000	
17	Pokhara		Kiwi Backpackers Hostel	Fly Katmandu > Pokhara
18		Ultra-Light Flight + Bike ride		
19		White Water Rafting	(camping)	
20		White Water Rafting + Canyoning	Kiwi Backpackers Hostel	
21	Kathmandu		Alobar1000	Fly Pokhara > Katmandu
22		Everest Scenic Flight		
23	(Home)			Fly Katmandu > London